



Newsletter

2025 年 July Issue

Greetings from ISD. This is a monthly newsletter that provides information and updates on recent events for international students.

Wanted! Senior International Students to Cheer on New Fall Entrants!

We're looking for students who can give a short welcome talk about their experiences at Chiba University during the ISD Guidance. Advice and words of encouragement to students new to Japan, i.e. "Chiba University is like...", "What happened to me was...", are welcome. Guidance will be held Sep 24 (for J-PAC students) and Sep 26 (MEXT & other international students). If you are interested, please send an e-mail to isd@office.chiba-u.jp with Subject Title: "Applying for Welcome Talk". Please include your name, student ID number, and faculty you belong to in the text.

Open Campus for International Students – August 19!

We're hosting an Open Campus event for international students on August 19th! Please help us spread the word to your former Japanese language school. If you inform your school about this event, please notify us. Send an email to: isd@office.chiba-u.jp Include your name and the name of the Japanese language school you contacted. Flyer → [英語：留学生のためのオープンキャンパス](#)

Non-Regular Students should apply for National Pension Exemption/Postponement in July

Students aged 20+ with residence card are required to enroll in the National Pension system, but, can apply for exemption. **Non-regular students** (research students, exchange students) must submit the **Orange** form "Application for Exemption or Payment Postponement" to the ward office during July. This is an annual procedure, so if you enrolled last fall, you must apply again. Forms are available at ISD (**Regular students** apply every April using a **Blue** form or a reply postcard).

Have You Applied to Reduce Your National Health Insurance Premium?

Health Insurance premiums are based on last year's income, and the payment slips for the full year are sent in June. If your payment slip amount is high, you may need to submit an income declaration. Reduction forms are available at ISD. If you are leaving Japan by August and haven't paid the new slip yet, you can settle the payment in cash when you submit your moving-out notification.

NHK "Radio Taiso" Is Coming to Chiba Park!

Join "Radio Taiso", Japan's famous morning exercise routine broadcasted on TV every morning at 6:25 AM on NHK. During the summer, special live broadcast events are held across Japan. On Friday, July 25th, the event will be at the Lawn Area of Chiba Park! Come and start your day with a refreshing group workout! Time 6:00-6:45 AM (Broadcast: 6:30-6:40AM).

Flyer (Japanese only) → https://www.city.chiba.jp/900th/project/documents/2025radio_jyunkai_a4_kaki.pdf

Moving Out and Waste Disposal When Departing Japan

In Japan, there's a saying: "A flying bird leaves no trace." As you prepare to return home, please leave your space clean and follow proper procedures. For details on moving out and waste disposal, check the ISD website → [Requirements for Leaving Japan | International Support Desk, Chiba University](#)

Change of Residence Status After Employment

If you find a job in Japan, you must change your residence status from "Student" to a work-eligible status. Status will vary depending on the nature of your job. Don't forget to apply with immigration.

Scholarship Registration for Self-Financed International Students (Fall Semester 2025)

Registration for scholarship applicants for the Fall Semester of 2025 will be held Oct 1-15th. Mark your calendar/smartphone so you won't forget! Starting 2025, registration is required every semester. Even if you registered in April, you must register again in October if you wish to apply for scholarships in the fall. Details of fall registration will be posted on the ISD website in September.

****Notice: The ISD office will be closed August 12-15.****