

January 28, 2022
February 9, 2022 (Updated)

To International Students Re-entering Japan

International Student Division, Chiba University

Re-entry Process for International Students in Academic Year 2021

1. First Step

This document has been prepared to inform international students of the requirements for re-entry to Japan and to help them understand the process of re-entering the university. If you have any questions, please be sure to check with the Academic Affairs Section of your department or faculty. Also, since this information is updated on a daily basis, please check the websites of each ministry and agency yourself.

However, if you are planning to leave Japan (including temporary return to your home country) for any reason, please submit the "Overseas Travel Contact Form" (attached) to the Academic Affairs Section of your department or faculty in advance.

2. Additions and changes from the 7th Report (Supplement 1)

2.1 Daily health observation during waiting period after re-entry to Japan

The daily health observation handled by the Safety and Health Organization of Chiba University will end at the end of January. As a replacement, a person in charge or your teacher at the Academic Affairs Section of your department or faculty will take over the daily health observation. Please receive an entry permit from a person in charge or your teacher at the Academic Affairs Section of your department or faculty after the waiting period.

2.2 Change of waiting period at home after re-entry to Japan

(1) Instead of 10 days, a 7-day quarantine period and health follow-up is required and if you are entering Japan from countries or regions where the Omicron variant is dominant. Use of public transportation is forbidden.

(2) A 14-day quarantine period and health follow-up is required if you are entering Japan from countries or regions where a variant strain other than the Omicron variant is dominant. Use of public transportation is forbidden.

2.3 Change in relaxation of a movement restrictions for people with valid proof of vaccination

The shortening of the waiting period at home after entry into Japan with proof of a negative test (from 14 days to 10 days) is suspended for people who arrive in Japan after December 1st.

【Reference】 Border Enforcement Measures (26) (Border Measures against Omicron variant) (R4.1.28 updated)

<https://www.mhlw.go.jp/content/000889633.pdf>

【Reference】 Border Enforcement Measures (24) (Continuous Border Enforcement Measures against Omicron variant) (R4.1.11 updated)

https://corona.go.jp/news/pdf/mizugiwataisaku5_20220111.pdf

【Reference】 Border Enforcement Measures (22) (Border Enforcement Measures against Omicron variant (3)) (R3.12.9 updated)

<https://www.mhlw.go.jp/content/000864897.pdf>

3. Sequence of events leading to entry (summary)

The following is a summary of the procedures for those entering from countries with variant strains (3-day/6-day wait) and those entering from other countries.

- All: All entrants
- Non- quarantine: Those who enter from countries that are not subject to waiting at facilities secured by the quarantine station.
- 3-day quarantine: Those from countries that are not subject to a 3-day waiting period at a facility secured by the quarantine station.
- 6-day quarantine: Those from countries that are subject to a 6-day waiting period at accommodation facilities secured by the quarantine station

Category	Order	Contents	Subject
Before	1	Notify your undergraduate/graduate office of your intention to enter Japan.	All
	2	Obtain a certificate of vaccination (optional)	Non-waiting 3-day quarantine
	3	Confirm the contents of the pledge specified by the Japanese government and sign it.	All
	4	Book flights, standby locations and	All

entering Japan		transportation to quarantine locations.	
	5	Make appointment for PCR test within 72 hours prior to departure and obtain negative test result thereafter.	All
	6	<ul style="list-style-type: none"> • Prepare smart phone and application. • Register the necessary information on the questionnaire website, and issue and save the QR code. 	All
After entering Japan	7	Take PCR test at airport (obtain negative certificate), submit written oath, move to quarantine area	All
	8	Begin 14-day quarantine, daily health observation Report to Safety and Health Organization, Chiba University	All
	9	Take additional PCR test (maximum of 3 or 6 days after entry)	3-day quarantine 6-day quarantine
	10	After completion of additional PCR test, move to another waiting area	3-day quarantine 6-day quarantine
	11	After completion of the 7 -day or 14-day quarantine period, receive an entry permit e-mail from a person in charge or your teacher at the Academic Affairs Section of your department and faculty	All

4. Detailed explanation

4.1 Confirm and sign the pledge specified by the Japanese government

Please click on the link below to obtain a copy of the pledge, agree to it, fill in the necessary information, and present it to the quarantine officer when you enter Japan. If you do not agree to all the terms and conditions, you will not be allowed to re-enter Japan.

【Reference】 Ministry of Health, Labor and Welfare website, "Submission of Written Oath"
 • <https://www.mhlw.go.jp/content/000863645.pdf> (Japanese)

- <https://www.mhlw.go.jp/content/000863646.pdf> (English)

4.2 Securing flights, waiting areas and transportation to and from waiting areas

4.2.1 For international students who have stayed in a country where you will be isolated and placed on standby at a facility designated by the health center within 14 days prior to entry

You must secure your own flight, quarantine area (for the remaining number of days after subtracting the number of days you have to wait at the hotel reserved by the quarantine station), and transportation to the quarantine area. (Public transportation is not allowed.)

4.2.2 For international students who don't apply to 4.2.1

You must secure your own flight, waiting area, and transportation to the quarantine area. (Public transportation is not allowed.)

4.2.3 All

- The quarantine area (= the place designated by the quarantine station chief)

Select a place such as a home, hotel, etc. where toilets, bathrooms, etc. are located in private rooms and all daily activities during the waiting period can be completed in private rooms. Places where the facilities necessary for living are shared are not acceptable. In addition, facilities within Chiba University (such as the International House) cannot be used as a quarantine location. If you are unable to make a reservation by yourself, you may make a reservation through a travel agency introduced by the International Student Division. (However, an individual adjustment fee of about 10,000 yen may be incurred.) If you wish to make a reservation, please consult with the Student Affairs Section of your department (or graduate school.)

- Means of transportation

Please make arrangements in advance for transportation to the quarantine area, such as a hired car or rental car with infection prevention measures. Public transportation such as trains and buses are not allowed. The following links list companies that have been approved by the Japanese government as having adequate infection prevention measures, so if you wish to use a hired car, please make a reservation with one of these companies.

【Reference】 Ministry of Health, Labor and Welfare website, "Introduction of hire companies

that meet the standards or travel agencies that can procure hired cars":

https://www.mhlw.go.jp/stf/seisakunitsuite/newpage_00020.html (Japanese)

When you have decided on your flight, standby location, and means of transportation to the standby location, please contact the Academic Affairs Section of your department or faculty.

4.3 Make an appointment for a PCR test within 72 hours prior to departure and obtain a certificate of negative result afterward.

Within 72 hours prior to the departure of your flight, take a test for new coronavirus infection and obtain a test certificate in the format and method specified by the Ministry of Health, Labor and Welfare. (Be sure to bring the certificate with you, as you will be required to present it when you enter Japan.) If it is difficult or unavoidable to obtain an inspection certificate, please consult with the embassy or consulate at your place of departure.

【Reference】 Ministry of Health, Labor and Welfare

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00248.html (Japanese)

<https://www.mhlw.go.jp/content/000825144.pdf> (English)

4.4. Prepare smartphone and applications

Please install the following applications designated by the Ministry of Health, Labor and Welfare on a smartphone that can be used in Japan and set the initial settings so that it can be used from the time you enter Japan. (If there are applications that cannot be used on the phone you bring, you will be asked to rent a Japanese smartphone.) At the time of immigration, the status of these preparations will be checked, and if they are not sufficient, you will not be allowed to enter the country.

The following apps need to be installed:

- Video calling application (My SOS)
- Google Maps
- Contact confirmation application (COCOA)

【Reference】 Ministry of Health, Labor and Welfare website, “Carrying a smartphone, registration and use of necessary applications”

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00250.html (Japanese)

<https://hco.mhlw.go.jp/manual/pdf-en/detail.pdf> (English)

If you want to rent a smartphone, you can apply for it from the following URL.

(This is a business that provides rental services within the quarantine area.

[Vision Inc.]

<https://www.vision-net.co.jp/news/20210319002098.html>

4.5 Register the necessary information on the Questionnaire Web, and issue and save the QR code.

Please register the necessary information on the questionnaire website and save the QR code issued before leaving Japan. You will need to present it to the quarantine officer when you enter Japan.

【Reference】 Ministry of Health, Labor and Welfare, “Questionnaire Response Reception”

<https://arqs-qa.followup.mhlw.go.jp/#/> (Japanese and English)

4.6 Take a PCR test at the airport (obtain a certificate of a negative result), submit a written pledge, and move to the waiting area

4.6.1 If the test result is positive

If the test result is positive, you will be isolated and placed on standby at a facility designated by the health center.

In this case, please be sure to inform the Academic Affairs Section of your department or faculty of the test result.

4.6.2 If the test result is negative

After the test, please move to your waiting place without using public transportation as described above. If you are waiting at the place reserved by the quarantine station, please follow the instructions of the quarantine station staff to get to the bus for transportation.

4.7 7 -day or 14-day quarantine period, daily health observation

4.7.1 In the case of a person entering Japan from a country or region requiring isolation and placement on standby at a facility designated by the health center

During the prescribed number of days (3 days or 6 days) starting the day after entry into the country, you will be placed on standby at a hotel (free of charge for food and accommodation) secured by the quarantine station. During this period, you will undergo a PCR test again in a private room at the hotel on the designated day (the third day, or the third and sixth day). During the waiting period, you are required to follow the health

follow-up procedures described below (4.7.3 and 4.7.4.).

4.7.2 In the case of a person entering Japan from a country/region other than mentioned in 4.7.1

You are required to stay at home for 7 days or 14 days from the day you enter the country. During the waiting period, you will be required to follow up on your health as described below (4.7.3 and 4.7.4). During this period, you will not be allowed to go out for any unnecessary reasons.

4.7.3 Health follow-up (Report to the Japanese Government)

The following are matters that must be reported to the Japanese government by all persons entering the country. The following information must be reported to the Japanese government or you may be deported.

- Reporting via My SOS

Reporting of waiting place and current location (multiple times/day), report of health condition (once/day), and response to video calls

- Recording of location information on Google Maps, etc., and use of COCOA (Contact Confirmation Application)

Continued use

4.7.4 Health follow-up (Report to Chiba University)

The following are matters that need to be reported and handled by all students entering Chiba University. The following information must be reported and handled by all visitors to Chiba University. If not done completely, you will not be allowed to enter the university. Please report to the following address.

【Academic Affairs Section of your department or faculty at Chiba University】

【email】

- Procedure

- ① When you arrive at the waiting area, please send an entry report e-mail to your teacher or a person in charge at the Academic Affairs Section of your department or faculty. The following information is required.

Subject	Entry Report
Sentence	This is to report that I have entered Japan. Name, gender, affiliation at Chiba University, student ID number, from

	which country you entered Japan, date of entry, place of stay, whether or not you have anyone living with you, test results for new coronavirus infection at quarantine, e-mail address, telephone number, and new coronavirus vaccination history.
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- ② You will receive an e-mail from a person in charge at the Academic Affairs Section of your department or faculty confirming the acceptance of your entry report. The following information will show.

Subject	Entry Report Confirmed
Sentence	Entry Report Confirmed

- ③ During the 7-day or 14-day waiting period, you will use email, phone and SNS to submit your daily health report. Please report by 11:59 every morning. If you feel unwell, please contact your faculty or graduate school.

- ④ After the 7-day or 14-day waiting period is over, your teacher or a person in charge at the Academic Affairs Section of your department or faculty will send an e-mail to you. The following information will show.

Subject	Entry Permit
Sentence	Dear Student, You have completed the necessary waiting period for quarantine measures decided by the Japanese government and we have confirmed your health condition. Therefore you are permitted to enter our school. Name of a person in charge at Academic Affairs Section or Name of your teacher

4.8 In case of an international student with symptoms

- ① In case of an international student having symptom or testing positive for a coronavirus. (Within 14 days before entry to Japan)

Contact the International Student Division and the student's teacher immediately. The International Student Division will ask for instructions from MEXT.

- ② In case of an international student having a close contact with a passenger with coronavirus on an airplane. (After entry to Japan)

Please contact the Safety and Health Organization at Chiba University and his/her teacher

or a person in charge at the Academic Affairs Section of your department or faculty. A person in charge at the Academic Affairs Section of your department or faculty will secure the student at a designated waiting facility according to instructions by the Safety and Health Organization. (Please notify the International Student Division as well.) Please note that when student has tested positive afterward, shortening the waiting period is no longer possible.

③ In case of an international student having a close contact with a person with coronavirus and testing positive. (After entry to Japan)

Please contact the Safety and Health Organization at Chiba University and his/her teacher or a person in charge at the Academic Affairs Section of your department or faculty. A person in charge at Academic Affairs Section of your department or faculty will secure the student at a designated waiting facility according to instructions by the Safety and Health Organization. (Please notify the International Student Division as well.)

④ In case of a student testing positive. (After entry to Japan)

Please contact the Safety and Health Organization at Chiba University and his/her teacher or a person in charge at Academic Affairs Section of your department, faculty (or graduate school). A person in charge at the Academic Affairs Section of your department or faculty will handle the matter according to instructions by the Safety and Health Organization. (Please notify the International Student Division as well.) If student was tests positive at the arrival airport, a student will follow the instructions of a quarantine officer and receive treatment at a facility designated by a quarantine station director. (Please note that shortening the waiting period is no longer possible in this case.)

【Contacts】

Safety and Health Organization at Chiba University: info-hsc@office.chiba-u.jp

International Student Division: nikkan@chiba-u.jp

5. Others

5.1 Itinerary

As stated in the previous sections, you need to wait for 7 days or 14 days starting from the day after you enter Japan. Please take your class schedule into consideration when making your travel plans. In addition, once you have decided on your itinerary, please be sure to report it to the Academic Affairs Section of your department or faculty.

*For example, if you enter Japan on October 1, you will be on standby until October 15, but

you can go out and use public transportation starting October 16.

5.2 Expenses

Students are responsible for all costs associated with their entry into Japan. Please be aware of this before making any preparations.

5.3 Documents to be submitted

When entering the university, please submit the following documents to the Academic Affairs Section of your department or faculty to prove that you have taken the appropriate quarantine measures.

- ① All documentation providing that you used a hired car, etc. for transportation until the end of the 7 -day or 14-day waiting period (receipts, etc.)
- ② Proof of use of accommodation for the 7 -day or 14-day standby period (submitted only by those using hotels, etc.)
- ③ Entry permission email that you have received from your teacher or a person in charge at the Academic Affairs Section of your department or faculty after the waiting period.

6. References

Immigration and Refugee Management Agency, "Denial of landing, etc. in relation to the prevention of the spread of new coronavirus infections"

https://www.moj.go.jp/isa/hisho06_00099.html (Japanese)

https://www.isa.go.jp/en/hisho06_00099.html (English)

The Ministry of Foreign Affairs of Japan, "Response to the New Coronavirus Infection"

https://www.mofa.go.jp/mofaj/p_pd/pds/page25_002019.html (Japanese)

https://www.mofa.go.jp/p_pd/pds/page22e_000910.html (English)

Ministry of Health, Labor and Welfare, "Preventing the Spread of Infection and Improving the Healthcare Delivery System"

https://www.mhlw.go.jp/stf/covid-19/kansenkakudaiboushi-iryouteikyou.html#h2_7

(Japanese)

https://www.mhlw.go.jp/stf/covid-19/kansenkakudaiboushi-iryouteikyou_00005.html

(English)

Safety and Health Organization Chiba University, "Information on New Coronavirus"

Infections”: <https://hschome-gw.hsc.chiba-u.jp/info-covid19.html>

7. Contact information (Please enter the contact information for each department.)

【Contact person】

【Telephone number】

【E-mail address】

海外渡航連絡票 Overseas Travel Contact Form

氏名 Name	
所属 Affiliation	
渡航先（国名・都市名）経 由国含む Destination (country and city), including transit countries	
危険度等 Degree of risk, etc.	<input type="checkbox"/> 「危険情報」及び「感染症危険情報」が発出されていないことを確認した。 It was confirmed that there was no "danger alert" or "infectious disease risk alert" issued. <input type="checkbox"/> 「危険情報」及び「感染症危険情報」が発出されているが、渡航する必要がある。→渡航中の安全配慮を記載願います。 There is a "danger alert" or an "infectious disease risk alert" in effect. However, I need to travel to Japan. → Please describe your safety considerations while traveling.
渡航期間 Travel period	年 月 日 ~ 年 月 日 Year Month Day - Year Month Day
渡航目的 Purpose of travel	
渡航を実施しなくてはならない理由 Reasons for necessity of travel	

上記内容について確認しました。I have confirmed the above information.

指導教員 Instructor : _____ (サイン sign)